



# Bishop Hamilton Montessori School

## AFTERSCHOOL ENRICHMENTPROGRAM

Term 1 - September 26th to December 16th

Note! No class on Nov. 17th due to pre-scheduled Student Led Classroom Tours and no class on Oct. 25th as Junkyard Symphony instructor is away.

Fall 2022

Your essential guide to the activities and options for BHMS's After-School Enrichment program.



### REGISTRATION

Programs are available to all students enrolled in the All Day program option; 8:00 (or 8:30) to 5:00 (or 5:30). Additional spaces may be available for students not enrolled in the All Day program, at an additional cost. To register for any of these programs, please complete the registration form and submit it to our office.

**\*\* Families considering more than 1 After School program should consider amending their school hours to 5:00 or 5:30 entitling you to all the 5 After School programs.**

## CHESS

With an experienced and dedicated teacher, the students will be introduced to the game of chess, developing logical thinking, self-confidence and the ability to concentrate in a stimulating, structured and fun environment.

Each lesson includes instruction at the start of class, purposeful practice, and review. The chess teaching program has nine levels, from beginners to advanced players. Part of every lesson is actual chess play with the instructor supervising the games and offering tips and advice. Exercise sheets are provided each week and at the end of each course a certificate of achievement is awarded to each student.

INSTRUCTORS: OTTAWA CHESS-MATH

## JUNKYARD SYMPHONY RHYTHM & RECYCLING

Junkyard Symphony's Rhythm and Recycling Workshops are a radical ride of rhythm. Children learn the importance of rhythm in music and life. In a drum circle fashion using reused materials for percussion instruments Junkyard Symphony teaches the basics of rhythm, such as tempo, beat, dynamics, musical notes as well as syncopated rhythms.

Add in a cheer box and a few rhythmic games and the workshop becomes a 'Stomp' for students. The importance of recycling and the Four R's, Reduce, Reuse, Recycle, and Rock is covered as students learn how to have fun while helping the earth.

No class on Oct 25th as Junkyard Symphony instructor is away.

INSTRUCTORS: JUNKYARD SYMPHONY

## LITTLE DOCTORS

Through role-play and activities, students will learn the key responsibilities of a doctor and explore the heart, lungs and digestion. Students will use real medical instruments like a stethoscope, reflex hammer, and blood pressure cuff. They will practice scrubbing, suturing, and tying knots like a real surgeon. Students will explore the human optical system and different parts of the ear. These future doctors will learn about life-saving skills, emergency preparedness, nutrition, using splints/casts, and how to read X-rays.” Students will graduate with a diploma at the end of the course.

INSTRUCTOR: LITTLE MEDICAL SCHOOL

## RACQUET SPORTS CLASS

Certified coach Sean Fowler has been teaching racquet sports for over 19 years. He will introduce badminton and pickleball, in a fun and interactive way.

Students will learn the fundamentals of the game while improving their agility, coordination and balance.

No class on Nov. 17 due to pre-scheduled Student Led Classroom Tours.

INSTRUCTOR: SEAN FOWLER

## MULTIMEDIA ART CLASS

Artist Jennifer Nicol has been teaching watercolor painting to children for over a decade in a fun, encouraging manner. Each week students will have fun painting a new image, as artist Jennifer Nicol guides them through new techniques and styles in watercolour and acrylics.

Students will learn to paint like icons such as Claude Monet, as they create masterpieces of their own.

INSTRUCTOR: JENNIFER NICOL

Rates include snack time care from 3:30-4:00 as well as enrollment in the selected program from 4:00-5:00 on regular school days.

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Monday	Tuesday	Wednesday
Chess (Cherry Blossom)	Junkyard Symphony (Gym)	Little Doctors (Cherry Blossom)

Thursday	Friday
Raquet Sports (Gym)	Art (Cherry Blossom)

# REGISTRATION FORM

For students not currently registered in After School Enrichment Program.

Student Name: \_\_\_\_\_

The After School Enrichment Program is excited to open our unique variety of offerings to those students who are not yet registered and who may be interested in only one, or a few of them. If your child is interested in participating, you may choose to register him or her in individual programs based on availability. **\*\* Families considering more than 1 After School program should consider amending their school hours to 5:00 or 5:30 entitling you to all the 5 After School programs.**

Programs run from **Sept 26 to Dec 16, 2022**. Rates include care from 3:30-4:00 and the selected After School Enrichment Program from 4:00-5:00.

No class on Nov.17th due to pre-scheduled Student Led Classroom Tours and no class on Oct. 25th as Junkyard Symphony instructor is away.

Please place a check mark in the box to the right of the program for which you wish to register. Submit this form to the office to verify availability in the chosen programs and to remit payment. No spaces are reserved until payment has been received.

PROGRAM	DAY	√	COST	AVAILABILITY
Chess	Mondays		\$300	8 spaces
Junkyard Symphony	Tuesdays		\$300	20 spaces
Little Doctors	Wednesdays		\$350	11 spaces
Racquet Sports Class	Thursdays		\$300	16 spaces
Multimedia Art Class	Fridays		\$350	20 spaces

Total: \$ \_\_\_\_\_

Paid by:  Cheque  Debit  Cash

Amount Paid: \_\_\_\_\_