

## AFTERSCHOOL ENRICHMENTPROGRAM

Term 1 - September 18th to December 15th Note! No classes on Sept. 21, Oct. 19 & Dec. 14 due to pre-scheduled events.



Your essential guide to the activities and options for BHMS's After-School Enrichment program.





#### REGISTRATION

Programs are available to all students enrolled in the All Day program option; 8:00 (or 8:30) to 5:00 (or 5:30). Additional spaces may be available for students not enrolled in the All Day program, at an additional cost. To register for any of these programs, please complete the registration form and submit it to our office.

\*\* Families considering more than 1 After School program should consider amending their school hours to 5:00 or 5:30 entitling you to all the 5 After School programs.

#### CHESS

This Popular club is back by demand. Chess master, Alan Tomaly from Ottawa Chess-Math, will instruct students in the art of chess. There are nine levels from beginner to advanced players. Each lesson is actual chess play with the instructor supervising and offering tips and advice. Exercise sheets are provided each week and a certificate of achievement is awarded at the end of the course. Chess develops logical thinking, concentration, and self-confidence.

INSTRUCTOR: Alan Tomalty

### TAEKWONDO

An experienced taekwondo master from Grand Master Tae E. Lee Taekwondo Studio will be leading each class with the added advantage of working on achieving a level belt. This martial arts method helps students develop strong mind, body, and character mastery. Self discipline and confidence allow each student to progress in a safe and fun environment.

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INSTRUCTOR: GRAND MASTER TAE E. LEE TAEKWONDO STUDIO

### MIX MEDIA ART

Donia Al-issa has a BA in Communications and is currently studying at the Ottawa School of Art. She is an experienced Art instructor, specializing with kids 6 to 15 years of age. She will instruct the students in various medias of Art; water colours, acrylic painting, clay, graphite and charcoal drawing, textiles and recycle art.

INSTRUCTOR: Donia Al-issa / Ottawa School of Art

## DANCE CULTURE SHOCK

Culture Shock Canada is back with dance instructor Jill Hodgins. Students will be guided in learning various popular dance styles designed to boost their confidence and selfesteem. Culture Shock has been providing dance-based education to schools and communities since 1998.

INSTRUCTOR: Jill Hodgins

#### FREE FORM FRIDAYS

Students enrolled in the All Day program will enjoy crafting, games, yoga and socializing with the After School Program Coordinator Ms. Sharleen McCorrister. She is a seasoned certified Montessori casa teacher and classroom assistant in American Elm at BHMS.

INSTRUCTOR: Ms Sharleen

Rates include snack time care from 3:30-4:00 as well as enrollment in the selected program from 4:00-5:00 on regular school days.

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Monday	Tuesday	Wednesday
Mix Media Art	Dance	Chess Club
(Cherry Blossom)	(Gym)	(Cherry Blossom)

Thursday	Friday
Taekwondo	Freeform Fridays
(Gym)	(Cherry Blossom)

# Bishop Hamilton

REGISTRATIONFORM

For students not currently registered in After School Enrichment Program.

#### Student Name: \_\_\_\_\_

The After School Enrichment Program is excited to open our unique variety of offerings to those students who are not yet registered and who may be interested in only one, or a few of them. If your child is interested in participating, you may choose to register him or her in individual programs based on availability. \*\* Families considering more than 1 After School program should consider amending their school hours to 5:00 or 5:30 entitling you to all the 5 After School programs.

Programs run from **Sept 18 to Dec 15, 2023**. Rates include care from 3:30-4:00 and the selected After School Enrichment Program from 4:00-5:00.

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Please place a check mark in the box to the right of the program for which you wish to register. Submit this form to the office to verify availability in the chosen programs and to remit payment. No spaces are reserved until payment has been received.

PROGRAM	DAY	$\checkmark$	COST	AVAILABILITY
Mix Media Art	Mondays		\$300	9 spaces
Dance Culture Shock	Tuesdays		\$300	14 spaces
Chess Club	Wednesdays		\$300	6 spaces
Taekwondo	Thursdays		\$300	14 spaces

Total:	\$			
Paid by	Cheque	Debit	Cash	Amount Paid: