

# AFTERSCHOOL ENRICHMENTPROGRAM

#### Term 2 - January 13th to March 28th

Note! No classes Jan. 16, Feb. 13, 26, 27 & Mar. 5 due to pre-scheduled events.

# nter 2024-2

Your
essential
guide
to the
activities
and
options for
the BHMS
AfterSchool
Enrichment
program.









#### REGISTRATION

Programs are available to all Elementary students enrolled in the All Day program option; 8:00 (or 8:30) to 5:00 (or 5:30). Additional spaces may be available for students not enrolled in the All Day program, at an additional cost. To register for any of these programs, please complete the registration form and submit to the office.

\*\* Families considering more than 1 After School program should consider amending their school hours to 5:00 or 5:30 entitling you to all After School programs.

### MAD LAB

Become "mad about science" through multiple experiments and programming delivered by the experts in fun scientific programming. Each week will focus on a different genre of scientific study!

No classes on Jan 16, Feb 13 & Feb 27 due to pre-scheduled events.

INSTRUCTOR: Mad Science

# HIP HOP 101

Students will learn the latest hip-hop dance moves! The program combines fitness, dance, and fun to promote physical health, coordination, and self-expression in a positive and energetic environment. It is structured to ensure that everyone enjoys and benefits from the classes, regardless of their age or skill level.

No classes on Feb 26 & Mar 5 due to pre-scheduled events.

INSTRUCTOR: The Travelling Stage

# **ART & PAINTING**

Each week our budding artists will have fun painting a new image, asJennifer guides them through new techniques and styles in watercolour and acrylics. Artists will learn to paint like icons such as Claude Monet, as they create masterpieces of their own.

INSTRUCTOR: Jennifer's Flyingcolours

# YOGA ADVENTURE CLUB

This program explores a different adventure and theme each week through yoga and mindfulness. The program introduces children to yoga in a safe and inclusive way. Students will learn introductory yoga poses and how to use their breath to find calm, peace and joy, promoting health and wellness.

INSTRUCTOR: The Travelling Stage

## FREE FORM FRIDAYS

Students enrolled in the All Day program will enjoy crafting, games and socializing with the After School Program Coordinator Ms. Ankita Sharma. Ankita is a classroom assistant in the American Elm class at BHMS.

INSTRUCTOR: Ms Sharma

Rates include snack time care from 3:30-4:00 as well as enrollment in the selected program from 4:00-5:00 on regular school days.

\*\* Families considering more than 1 After School program should consider amending their school hours to 5:00 or 5:30 entitling you to all After School programs.

Monday	Tuesday	Wednesday
Yoga Adventure Club (Gym)	Art & Painting (Cherry Blossom)	Hip Hop 101 (Gym)

Thursday	Friday		
Mad Lab	Freeform Fridays		
(Cherry Blossom)	(Cherry Blossom)		



# REGISTRATIONFORM

For students <u>not</u> currently registered in After School Enrichment Program.

Student Name:						
The After School Enrichment Program is excited to open our unique variety of offerings to those students who are not yet registered and who may be interested in only one, or a few of them. If your child is interested in participating, you may choose to register him or her in individual programs based on availability.  *** Families considering more than 1 After School program should consider amending their school hours to 5:00 or 5:30 entitling you to all After School programs.						
Programs run from <b>Jan. 13 to Mar. 28, 2025</b> . Rates include care from 3:30-4:00 and the selected After School Enrichment Program from 4:00-5:00.						
No classes Jan. 16, Feb. 13, 26, 27 & Mar. 5 due to pre-scheduled events.						
Please place a check mark in the box to the right of the program for which you wish to register. Submit this form to the office to verify availability in the chosen programs and to remit payment. No spaces are reserved until payment has been received.						
PROGRAM	DAY	1	соѕт	AVAILABILITY		
Yoga (8 sessions)	Mondays		\$ 300	10 spaces		
Art & Painting (9 sessions)	Tuesdays		\$ 325	5 spaces		
Hip Hop (7 sessions)	Wednesdays		\$ 300	10 spaces		
Mad Lab (6 sessions)	Thursdays		\$ 300	10 spaces		
Total: \$						
Paid by: Cheque Debit Cash Amount Paid:						